

Super-Curricular Programme

Our enriching Super-Curricular Programme (SCP) is designed to ensure that our students leave the college with everything they need for success - ready for the interconnected world in which they will live and work.

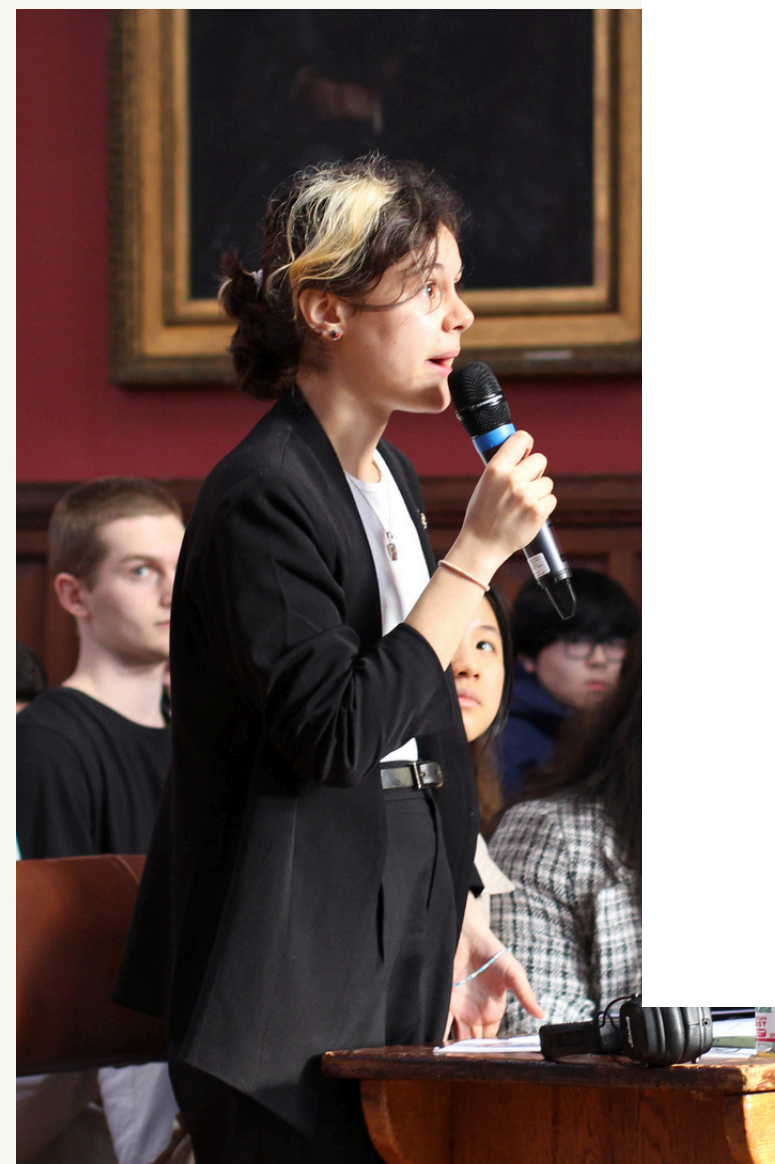
Combining Personal, Social and Health Education (PSHE) with Careers, sports and extracurricular activities, SCP provides the vital knowledge, tools and life skills that our students will need to pass their exams, make healthy lifestyle choices and live independently as adults. It teaches teamwork, leadership skills, social skills, time management, revision and exam techniques and basic domestic skills, to name a few.

In addition to the rich schedule set out in the following pages, students can choose to participate in:

Extracurricular clubs and societies, including Guitar Club, Maths Club, Plant Club, Chess Club, Yoga Club, Philosophy, Ethics and Religion Club, Crafts Club, Backgammon Club, Model United Nations, Duke of Edinburgh Award and more.

Student Council: An elected body of student representatives, the Student Council play an important role in the College community, through fundraising, organising social events, representing the student voice and working with the Principal to enact change.

Sports: Using fantastic local facilities available to us, we provide a range of sports opportunities including football, badminton, basketball, tennis, ultimate frisbee, rounders and yoga. Please note that all GCSE students are required to participate in Physical Education (PE) as part of the curriculum.



Super-Curricular Programme

Autumn Term

WK	WHOLE COLLEGE EVENTS	PSHE THEME (GCSE/PRE-A-LEVEL)	SCP THEME (LOWER SIXTH)	SCP THEME (UPPER SIXTH)	BOARDING ACTIVITIES	WEEKEND ACTIVITIES	ACADEMIC ACTIVITIES	PRE-A-LEVEL ACTIVITIES
1	Induction	Induction	Induction	Induction	Induction activity Social skills Life skills: laundry	Walk around Oxford		
2		Getting to know each other	Getting to know each other	UCAS application and individualised support	Life skills: Passport to cook - 1:1 workshop tailored to student's age Arts and Crafts: Paper lanterns	Art/culture/society: Karaoke Environment: Trip to Harcourt Arboretum		
3		Study skills	Study skills		Social activity: Jenga Meeting with Director of Student Services & Independent Listener	Art: Colour book activity	Art workshop	
4	Student Council Elections Macmillan Coffee Morning	Building confidence	Mental health and emotional wellbeing		Cooking skills: Pizza making	Tennis or mini golf	Photography class activity in Oxford Mathematical Olympiad for Girls	
5		The Sleep Factor	The Sleep Factor		Art: Henna tattoos	Cooking skills: Cinnamon bun baking	Photography class activity in Oxford Senior Mathematical Challenge	Trip to Pembroke College Oxford University and Parks walk
6	World Mental Health Awareness Week activities Biology Week	Black History Month walk	Black History Month walk		External Speaker: Thames Valley Police - Have Your Say	Arts and Crafts: Autumn decorations	Photography class activity in Oxford History of Science Museum	History of Science Museum Mirror the universe: introduction to the Astrolab
7	Black History Month Guest Speaker	Thinking about the future	Independence and safety in adulthood: Part 1		Music quiz	Art/culture/society: Cinema trip	Photography class activity in Oxford	Oxford City walk
8	Walk and talk (students and staff)	Revision skills and preparing for Mock exams	Independence and safety in adulthood: Part 2		Art and crafts: Design a baseball cap, make a personal door sign	History and Sciences: Museum of Natural History	Photography class activity in Oxford	Bowling
Environment/Literature/Culture activities: Alice in Oxford and the local attractions								
Halloween activities: Pick your own pumpkins at Millets Farm, Pumpkin carving, cupcake baking, movie night, party								
9		No PSHE - Mid-term exams	Goal setting	No SCP - Mid-term exams	Mid-term exams week		Photography class activity in Oxford	Cinema
10	Antibullying Week activities - Respect	Respect	Respect	UCAS application and individualised support	Social skills: Hot chocolate with marshmallows and Christmas movie night	History/Culture/Society: Victorian Christmas Market	British Mathematical Olympiad Physics trip to the Rutherford Appleton Laboratory	Visit to the Rutherford Appleton Laboratory
11	World Children's Day UK Parliament Week	Target setting - post mid-term exams	Parliament Week		Cultural/social activity: Christmas tree decoration making	Local culture and environment: Blenheim Palace Christmas Market	Writing competition UK Parliament week activities - Politics	Cinema
12	Decorating the College Christmas tree St. Andrew's Day	Staying positive and resilient	Maintaining a healthy lifestyle		Cultural/social activity: decorating boarding house Christmas tree	Workshop: Talk about alcohol (18+)	St Andrew's Day activities NAE Writing competition	Tennis
13	Student Christmas party Deliver charity donations	Self care: recognising issues and getting help	Self care: recognising issues and getting help		Healthy lifestyle choices: nutrition-based scavenger hunt Workshop	Culture and nature: Christmas Fair at the Botanic Gardens Cooking skills: Gingerbread making	ISA Poetry Competition NAE Writing Competition	Bowling and activities at Kassam Stadium
14	Christmas Jumper Day	Christmas quiz	Christmas quiz	Christmas quiz	Culture: present wrapping Personal safety when travelling	Boarding closed - no weekend activity	NAE Writing competition Lichess U18 Chess Tournament	Christmas dinner at restaurant

September

October

November

December

Super-Curricular Programme

Spring Term

WK	WHOLE COLLEGE EVENTS	PSHE THEME (GCSE/PRE-A-LEVEL)	SCP THEME (LOWER SIXTH)	SCP THEME (UPPER SIXTH)	BOARDING ACTIVITIES	WEEKEND ACTIVITIES	ACADEMIC ACTIVITIES	PRE-A-LEVEL ACTIVITIES	
January	15	Coffee and Cake	Target setting	Target setting	Tailored 1:1 sessions	Social skills: mocktail making Workshop: wellbeing and self care	Crazy golf Cooking skills: brunch	Writing competition	
	16		Rights, trust and values in relationships	Overcoming personal challenges	Firming UCAS offers	Social skills: boardgames Workshop: Wellbeing and self care	History/culture: Ashmolean Museum	Chess Tournament	Pictionary
	17	Holocaust Memorial Day activities	Unhealthy, exploitative and abusive relationships; how to access support	Holocaust Memorial Day activities	Tailored 1:1 sessions	Meeting with Independent Listener and Vice Principal	Cooking skills: Bacon and cheese turnover	British Mathematical Olympiad Senior Physics Challenge	Big garden birdwatch (Christchurch Meadow)
February	18	Lunar New Year Exams Made Easy revision session - guest speaker	Post-16 options and effective revision	Drugs and alcohol	Revision techniques and planning	Life skills: How to iron Music quiz	Culture: Lunar New Year fortune cookies, lantern making and sparkling wine (alcohol free)	Intermediate Mathematical Challenge	Marjon Tournament
	19	Walk and Talk	Drugs and alcohol	Building a positive online reputation	Tailored 1:1 sessions	Culture: Afternoon tea	Swimming Blind tasting challenge	National Storytelling Week activity Senior Mathematical Challenge; Number Day	Snooker
	20	Safer Internet Day	Cyber safety	Online scams	Dealing with exam stress	Valentine's hot dogs; chocolate fondue	Cinema	BTEC trip to escape room The Christopher Tower Poetry Competition	
	Society/Culture: Karaoke. Trip to Blenheim Palace								
	Workshop: How to avoid drink spiking and data rape drugs (18+); Time management and avoiding procrastination								
	21	LGBTQ+ History Month activities	No PSHE - Mock week	Personal finance	No SCP - Mock week	Mock week		Mock week	Trip to Oxford Castle and Dungeons
March	22	World Book Day National Careers Week	Careers week	Careers week	Careers week	Social activity: Quiz; role play activity on healthy/unhealthy relationships	Art & crafts: Glass painting Preparing for university: cooking simple but nutritional meals	Masterclass for Business students - HULT University British Biology Olympiad	Trip to Houses of Parliament
	23	Walk and Talk	Smoking, drugs and alcohol	Smoking, drugs and alcohol	Tailored 1:1 sessions	Social skills: Big Jenga Life skills: CPR	Poker night	British Biology Olympiad International Day of Mathematics activities	
	24	Comic Relief fundraising activities	Making financial choices	Responsibilities and consequences in relationships	Tailored 1:1 sessions	Arts and crafts: Knitting Social skills: Comic Relief activities	Cooking skills: cake making	BTEC-led Comic Relief fundraising	Tennis
	25	Personal finance themed activities - guest speaker	Consent	Unwanted, inappropriate and illegal behaviour in relationships	Financial management and student loans	Arts and crafts: Origami	Culture: Trip to Abingdon on Thames; Abbey Theatre		Classroom activity
	26		STIs and contraception - guest speaker	Addressing pornography	Tailored 1:1 sessions	Culture, art & crafts: Easter eggs Life skills: Problem solving and decision-making	Environment/exercise: Walking tour of Oxford		

Super-Curricular Programme

Summer Term

April

May

June

July

WK	WHOLE COLLEGE EVENTS	PSHE THEME (GCSE/PRE-A-LEVEL)	SCP THEME (LOWER SIXTH)	SCP THEME (UPPER SIXTH)	BOARDING ACTIVITIES	WEEKEND ACTIVITIES	ACADEMIC ACTIVITIES	PRE-A-LEVEL ACTIVITIES
27		Microaggressions	Microaggressions	Clearing and results day: what to expect	Social skills: Bingo	Life skills: Time management and effective communication		Culture-based activities in and around Oxford - to be confirmed in consultation with the students and to support topics learned in class
28	Walk & Talk	Revision workshops	UCAS -How many hellos	Tour of Alfred Street	Arts and crafts: jewellery making	Wellbeing and self care: Pamper weekend	Biology field trip	
29	Dealing with exam stress - guest speaker	Revision workshops	UCAS - What drives you to be who you are?	Managing exam stress and anxiety	stress release coloring book; Wellbeing: managing stress for exams (all ages)	Exercise: Stress release walk around Oxford		
30	Mental Health Awareness Week Wellbeing Mentors activity	Managing exam stress and anxiety	UCAS - Thinking of going to university?	Tailored 1:1 sessions	Social skills: music quiz; Life skills: Credit: How credit cards work, building good credit (STE 18+)	Sports: Football tournament		
31	Summer Ball	Revision workshop; Mental health awareness week	Mental health awareness week	Exams; Mental health awareness week	Arts: painting Social: Summer Ball	Preparing for university: cooking simple nutritional meals (18+)	Student Awards from 12 pm (afternoon lessons cancelled)	
Social/Teambuilding: Murder mystery Trip to Wallingford: The Agatha Christie								
32		Exam study leave for the GCSE group	UCAS - Choosing your courses	Exam study leave for Year 13 students	Wellbeing during exam season:	Social skills: Karaoke	No all-college academic activities during exam season	Culture-based activities in and around Oxford - to be confirmed in consultation with the students and to support topics learned in class
33	Walk & Talk		UCAS - Choosing your courses		Movie night: Dead Poets Society, followed by a group discussion on life and choices	Social skills: picnic		
34	UCAS trip to Oxford Brookes University		UCAS - The personal statement		Local environment and culture: Millets Farm trip			
35	UCAS Week		UCAS week		Life skills: Mock Online Shopping: how to compare prices, read reviews, and avoid scams.	Punting on Thames		
36			UCAS - The application		Arts and crafts: Canvas painting			
37			UCAS - The application		Workshop: how to prepare for the next academic year			

Please note that this is an example of a 'live' Super-Curricular Programme plan which is subject to small changes due to weather conditions or other external factors. Our aim is to give students the most enriching experience possible while studying with us, and where possible we will always find an appropriate alternative activity.